

Trapped

week 1



Loop



Week 1: Fear Keeps Us Stuck

Name your biggest fear. Right now. What do you fear the most?
Write it down right now.

Now write down two things that could happen if you weren't afraid of that.

1

2

The reality is, fear keeps us stuck. It keeps us from moving forward and living out who God intended us to be.

But God can and will get you unstuck if you let Him. As you work on overcoming your fear, know this.

Isaiah 41:10 NLT

"Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."



Check out the YouVersion Bible plan just for Loop students. It's full of Scripture that will help you focus on what we're learning about this month. Visit www.bible.com and search for **Fight Fear**.

Parent Signature

Student Signature